A B S T R A C T

A fluid dispenser for dispensing fluid in liquid or powder form, the fluid dispenser comprising a reservoir (17) provided with at least one deformable actuating wall (2) and with a dispensing orifice (14), said fluid dispenser being characterized in that it further comprises a body (1) defining a frame (10) having a thickness defined to determine a defined inscribed volume (V_i), said actuating wall (2) extending over said frame (10) and being deformable so as to reduce the volume of the reservoir and so as to penetrate into the inscribed volume.